



RED ROSE ROAD RUNNERS

Affiliated to: Northern Counties Athletic Association
Northern Counties Women's Cross Country Association
Mid Lancashire Cross Country League

SECRETARY:

Telephone:

Dear New Member,

Welcome to the Red Rose Road Runners Club. I hope your membership with us will be a long and happy one.

We pride ourselves in numbering ALL standards of runners in our ranks from complete beginners who have only recently taken their first steps along the road to fitness and enjoyment through running, to experienced road racers, marathon men and fell runners.

We do our best to cater for everyone and, recognising that running is very much a family sport, arrange get-togethers on a social basis at various times throughout the year.

The club operates a standards scheme to give everyone a succession of targets to aim for - at your own pace, and promotes races and fun runs of its own.

A club championship is held each year and we also organise trips to various big events like the London Marathon.

Club vests are available as well as other items of clothing such as T-shirts, sweatshirts and hooded tops.

Finally, if you have any queries about anything, need help or advice, or simply want to chat about running, don't hesitate to give me a call.

Yours in sport,

Barry Durham,
Secretary,

Red Rose Road Runners