

Red Rose Road Runners  
 Grand Prix Results  
 Calder Vale 4 Mile Supper Race

Competitor	Handicap	Calder Vale	Min/Km	Ratio	Points
Steven Moon	05:01	00:26:01	00:04:20	115.70%	30
Frank Nightingale	04:26	00:23:40	00:03:57	112.35%	29
Wayne Hope	05:31	00:31:18	00:05:13	105.89%	28
Manolo Mendoza	04:17	00:24:36	00:04:06	104.55%	27
Pete Battersby	04:23	00:25:34	00:04:16	102.76%	26
Ian Croft	04:27	00:26:34	00:04:26	100.62%	25
Ben Smithers	04:28	00:26:37	00:04:26	100.58%	24
Richard Chippendale	05:10	00:31:41	00:05:17	97.87%	23
John Wiseman	04:39	00:29:35	00:04:56	94.15%	22
Stuart Cann	03:58	00:25:59	00:04:20	91.76%	21
Anees Shaikh	05:10	00:35:18	00:05:53	87.90%	20
Faisal Ali	05:10	00:36:22	00:06:04	85.27%	19
Gareth Fairey	05:27	00:39:19	00:06:33	83.15%	18
Michael Hall	03:57	00:28:52	00:04:49	82.02%	17

Competitor	Handicap	Calder Vale	Min/Km	Ratio	Points
Emily Ingham	06:07	00:34:30	00:05:45	106.24%	30
Alicia Croft	05:52	00:33:14	00:05:32	105.95%	29
Samantha Edwards	04:51	00:27:46	00:04:38	104.95%	28
Judi Ingham	05:32	00:31:56	00:05:19	103.99%	27
Lisa Baron	06:22	00:37:36	00:06:16	101.60%	26
Carol Heaton	06:16	00:37:02	00:06:10	101.42%	25
Mary Conway	05:47	00:34:29	00:05:45	100.66%	24
Alison Mercer	05:21	00:33:56	00:05:39	94.66%	23
Debbie Porter	05:25	00:34:56	00:05:49	92.94%	22
Ruth Travis	04:36	00:31:34	00:05:16	87.57%	21
Anneke Crosby	04:50	00:35:15	00:05:53	82.17%	20
Kate Clipston	05:37	00:45:30	00:07:35	73.96%	19