

Red Rose Road Runners
 Grand Prix Results 2019
 Curley's 5K Trail Race

Competitor	Handicap	Curley's	Min/Km	Ratio	Points
Steven Moon	04:42	00:21:48	00:04:22	107.779%	30
Christopher Bridge	04:46	00:23:01	00:04:36	103.621%	29
Barry Wheeler	04:08	00:21:00	00:04:12	98.519%	28
Stuart Smith	04:11	00:21:15	00:04:15	98.294%	27
Anthony Pope	06:05	00:31:15	00:06:15	97.333%	26
Alan Jolly	04:16	00:22:01	00:04:24	97.015%	25
Simon Worbey	04:49	00:24:51	00:04:58	96.948%	24
John Hyde	04:54	00:25:59	00:05:12	94.303%	23
Andy Speer	05:26	00:31:13	00:06:15	86.973%	22
John Plowman	05:24	00:31:46	00:06:21	84.942%	21
John Wiseman	04:38	00:31:46	00:06:21	72.936%	20

Competitor	Handicap	Curley's	Min/Km	Ratio	Points
Margaret Worbey	06:20	00:28:04	00:05:37	112.767%	30
Ann Donoghue	07:00	00:31:46	00:06:21	110.060%	29
Karen Smith	06:15	00:31:05	00:06:13	100.509%	28
Catherine Morris	06:27	00:32:15	00:06:27	99.871%	27
Paula Plowman	05:11	00:26:19	00:05:16	98.522%	26
Janette Rayton	05:03	00:25:38	00:05:08	98.375%	25
Julie Thorley	05:57	00:30:56	00:06:11	96.282%	24
Susan Tonge	05:30	00:29:13	00:05:51	94.128%	23
Zoe Cain	05:23	00:29:04	00:05:49	92.661%	22
Michelle Griffiths	05:07	00:28:04	00:05:37	91.093%	21
Kathryn Abbott	05:22	00:29:29	00:05:54	90.998%	20
Claire Shaw	04:58	00:27:22	00:05:28	90.611%	19
Fiona Little	07:39	00:42:26	00:08:29	90.122%	18
Alison Parkinson	04:50	00:27:07	00:05:25	89.152%	17
Susan Jane Heatley	06:40	00:38:41	00:07:44	86.184%	16
Alison Mercer	05:20	00:31:16	00:06:15	85.181%	15