

Red Rose Road Runners

Senior Race Calendar 22/23

	Interclub	Fell Interclub	X Country	Championship	Off Road	Grand Prix
April '22	Blackpool 6/4			Wray Scarecrow 10k 23/4		
May '22	Lytham 12/5	Mearley Clough 10/5 Hutton Roof 28/5		Avenham Park 5K 2/5	Mearley Clough 10/5 Hutton Roof 28/5	Avenham Park 5K 2/5
June '22	Preston 15/6 Thornton 28/6	2 Lads 9/6			2 Lads 9/6 Trawden 7 - 26/6	Trawden 7 - 26/6
July '22	Wesham 18/7	Ingleborough 17/7			Ingleborough 17/7	Ingleborough 17/7
August '22	Chorley 10/8			Golden Ball 10 21/8		
September '22	Red Rose 7/9			Garstang half 4/9		
October '22			TBC	Green Drive 5 23/10		Green Drive 5 23/10
November '22			Liverpool 26/11		Harriers V Cyclists 19/11	
December '22				Myercough 10 4/12	Turkey Trot 17/12	Myercough 10 4/12 Turkey Trot 17/12
January '23			TBC	Inskip half - 21/1		
February '23			TBC	Hale 10K - date TBC		Hale 10K - date TBC
March '23			TBC		Roddlesworth Roller 12/3	Roddlesworth Roller 12/3